



Mason Hallet

★★★★★ 1 week ago

I had a course of CBT here. Susana was extremely helpful, understanding my issues within the first sessions, and immediately began to advise and give strategies to not only aid my anxieties but to also help me in every day life. I would highly recommend therapy with Susana to anybody who requires CBT, whether you are a new or returning patient. Thanks again, Susana!

replyReply

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Andy Mchale

★★★★★ 3 weeks ago

I had CBT therapy here and found susanna to be extremely helpful and she understood my issues more or less immediately... More

Inspirational Change Therapies Ltd (owner)

3 weeks ago

Thank you Andy for a helpful feedback helping others to access a person centred service. Wishing you all the best for the future.

Susana

Edit

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Peter Gavan

★★★★★ 4 weeks ago

Susana is a very good, she helps to explain what the problem is and why the brain acts as it does and what you have to do to understand and make your lufe better

Inspirational Change Therapies Ltd (owner)

4 weeks ago

Thank you for your open review.

Edit

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Luba Galenko

★★★★★ 22 weeks ago

I can't thank enough. A very professional, friendly and gentle personality of the therapist does do a great job. With no doubts, life changing experience for me.💕

Inspirational Change Therapies Ltd (owner)

3 weeks ago

Thank you Luba for helping other clients to find a reliable and person centred service that put's clients first. I hope you're keeping well and wish you all the best for the future.

Edit

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Gemma Littlewood

31 weeks ago

Life changing. Cannot reccomend highly enough

Inspirational Change Therapies Ltd (owner)

30 weeks ago

Thank you for helping others to find find reliable and efficient service.

Edit

Delete

more_vert



Aba Oppey

32 weeks ago

The user didn't write a review, and has left just a rating.

Inspirational Change Therapies Ltd (owner)

30 weeks ago

Thank you for helping us to reach ou